



Better Bodies By Design

Massage Therapy Center

Menu of Services

Massage therapy is not just a luxury; it's a key piece of your health and wellness plan. Regularly scheduled self-care plays a big part in how healthy and vital you'll be with each passing year. Not sure what type of massage is best for you? Our highly skilled professionals will be happy to work with you to help you select the service that best meets your needs.

Relaxation Massage

De-stress and unwind during this full-body massage with light to medium pressure and long flowing strokes. This massage will soothe your body and mind, transporting you to a tranquil state of relaxation.

30 Min - \$45 60 Min - \$70 90 Min - \$95

Deep Tissue Massage

Find relief from chronic pain, tension, and tightness caused by injury or overworked muscles. This therapeutic massage focuses on specific problem areas, with deep pressure applied during the massage. Your massage therapist will adjust the pressure to accommodate your comfort level.

30 Min - \$55 60 Min - \$85 90 Min - \$115

Couple's Massage

Experience relaxation and rejuvenation together, side-by-side in the same treatment room. Perfect for couples, mother-daughter, or close friends! Both of you may customize your massage by selecting either the Relaxation or Deep Tissue.

Relaxation

30 Min - \$55 60 Min - \$85 90 Min - \$115

Deep Tissue

30 Min - \$65 60 Min - \$95 90 Min - \$125

Note: Prices are per person.

Massage Packages

Therapeutic massage received regularly and consistently helps to relieve muscular stress and tension and manages pain. Choose one of our massage packages for your continued health and well-being. Customize your package with any massage type you like.

5 massages - \$25 off 10 massages - \$100 off *Best value!*

Note: Massage packages must be redeemed within 1 year from date of purchase.

Aromatherapy

Essential oils are blended into the massage lotion to affect mood and improve health and well-being. A variety of essential oils are offered. Your massage therapist will help you choose the essential oil that's right for you.

Hours of Operation

Monday - Friday: 9am - 7pm

Saturday: 8am - 5pm

Please schedule appointments by phone or by visiting the Massage Therapy Center on the 2nd floor. Walk-ins are welcome and are on a first-come-first-served basis.

Please arrive 10 minutes prior to your appointment time.

Cancellation Policy

If you need to cancel or reschedule your appointment, kindly give us at least 24 hours notice so that we may fill that time slot.

Note: Prices subject to change without notice.

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